

MY CONNECTION

Page 1

- Say hello to our directors
- Welcome to My Connection

Page 2

- Welcome to The Hive

Page 3

- Participant's Corner

Page 4

- March excursions

Say Hello to our directors!

Hello and welcome to Connect Support Services & Solutions. We are Rachel and Sheree. Connect was founded in 2019. We have been part of the Ballarat Disability and Mental Health Community for over 20 years. We felt there was a gap in the NDIS services in Ballarat, with meaningful support and activities.

At Connect, we aim to be a leading provider for the NDIS in the Ballarat area. We believe in a holistic based approach and see the participant as a whole person. We do this through goal dedicated support, participant focused activities and our developing farm and Activity Centre.

While Connect is still new, we hope to become a leading provider in the NDIS program with new innovative programs and state of the art facilities to come.



“Be a rainbow
in someone
else’s cloud

WELCOME TO MY CONNECTION!

My name is Chloe and I am participant and worker at Connect! My role is in office administration and I am excited to be bringing this newsletter once a month.

I am always on the lookout for participants to feature in our Say Hello section. If you are interested, please ask your support worker to let me know.

WELCOME TO THE HIVE



Your one stop Centre for fun and learning

The Hive is our new activity Centre in Central Ballarat. The address is 303 Latrobe Street, Redan.

We have a range of different activities. It's a great way to learn new skills, make friends and have fun at the same time. The activities offered are gardening, sports, arts & crafts, choir, numeracy, sewing

The farm is a fun and safe, hands on environment where participants can learn new life skills and make friends. It's also a lovely place to relax, unwind and enjoy the view.

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9:00 to 12pm	Gardening	Sports	Arts & Crafts	Cooking	Cooking
12:30 to 3:30pm	Farm Activities @ The Farm	Choir	Numeracy	Sewing	Social Groups

To book in, please don't hesitate to contact us on 0450 109 176 or email admin@connectsss.com.au

Participant Corner



Say hello to Keshie

Keshie is a very busy girl who loves purple. She owns her own business running music and video workshops teaching songwriting and performing skills. She is also a passionate advocate of disability rights and loves learning new information every day. She says, "My favorite thing about connect is that I am seen as an individual who has goals and ambitions and I am supported in achieving them". In her spare time, she loves to pamper her cats Mr. Binks and Tortie.

Jokes Corner

I love to laugh, and I am always on the lookout for new jokes!

If you think you have a good one, please tell your support worker to write it on your shift sheet.

Each month I will pick a winner. The winner will receive \$10 to buy a treat and will have their picture in the next edition!

** Please keep the jokes clean

WHAT DO YOU CALL
A PIG THAT DOES
KARATE?

A pork chop.

Parade

Clothes Box

We have taken a variety of clothing to the Hive for participants to look at, try on and take if they choose (no cost). Currently there is lots of larger size ladies clothing, but we are hoping to expand.

We are also accepting items. They need to be clean and free of stains, rips and damage. Please show the support worker present at the Hive before placing in the box.

MARCH EXCURSIONS

Connect are proud to present the March Excursions list. We offer a range of different trips on Wednesdays, Fridays, Saturdays and Sundays, both during the day and evenings. They are a great way to meet new people, learn new things and experience different places.

We are always looking for new participants. We can accommodate your support needs. Generally, the ratio is 1:3, but we can accommodate 1:1 if needed.

Please contact Amy on admin@connectsss.com.au or 0450 109 176

Please note: Some activities may have costs associated with them.

Date	Time	Location
Sunday March 1 st	9:30am – 3:30pm	Thai New Year “Songkrank” Festival
Sunday 1 st March	9:00am – 5:00pm	Beaufort Truck and Car Show
Friday 6 th March	9:00am – 5:00pm	Day in Melbourne
Saturday 7 th March	9:00am – 5:00pm	Mystery Trip
Saturday 7 th March	4:00pm – 10:00pm	Redline Raceway, Buningyong
Sunday 8 th March	9:00am – 5:00pm	Clunes Farmer’s Market & Truck Show
Sunday 8 th March	4:00pm – 10:00pm	Redline Raceway, Buningyong
Friday 13 th March	9:00am – 5:00pm	Friday Funday
Saturday 14 th March	9:00am – 4:00pm	Hanging Rock
Saturday 14 th March	5:00pm – 10:00pm	Pizza, Games and Movies night
Friday 20 th March	5:30pm – 10:30pm	Mental Health Awareness Night @ Ballarat Trotting Club
Saturday 21 st March	9:00am – 5:00pm	Fishing Trip and BBQ
Saturday 21 st March	4:00pm – 9:00pm	Redline Raceway, Buningyong
Wednesday 25 th March	9:00am – 5:00pm	Edgar’s Mission
Friday 27 th March	9:00am – 5:00pm	Day Out in Daylesford
Saturday 28 th March	10:00am – 4:00pm	Ballarat Wildlife Park

